

Healthy People 2020

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Institute of Medicine: Relieving Pain in America

*A Blueprint for Transforming Prevention, Care,
Education, and Research*

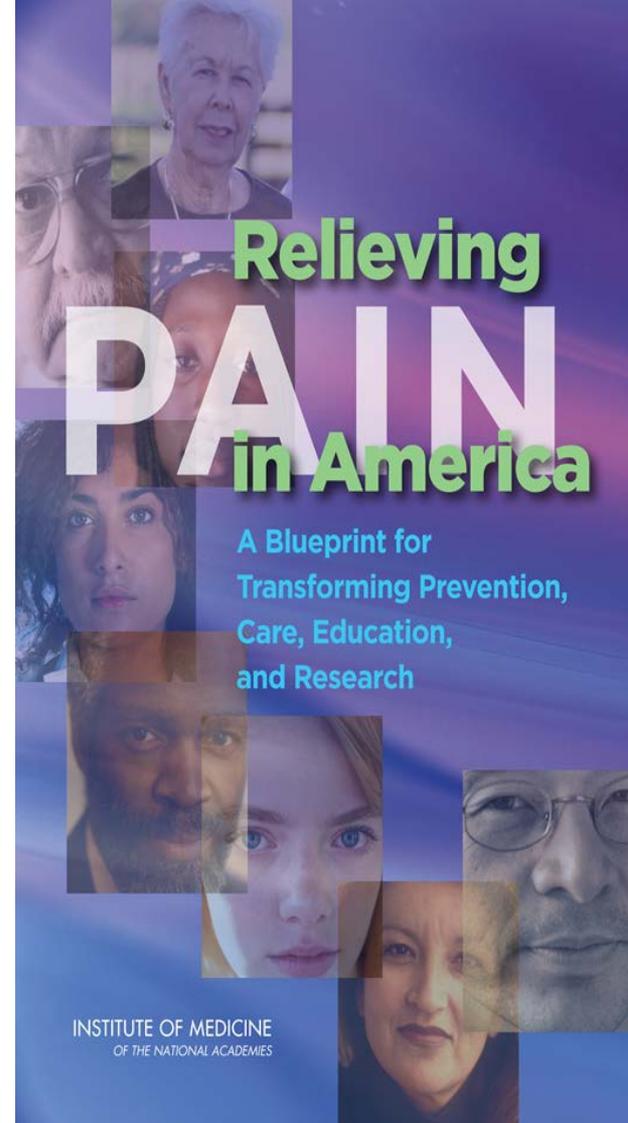
- IOM Committee on Advancing Pain Research, Care, and Education
- Board on Health Sciences Policy

• <http://www.iom.edu/Reports/2011/Relieving-Pain-in-America-A-Blueprint-for-transforming-Prevention-Care-Education-Research.aspx>



INSTITUTE OF MEDICINE
OF THE NATIONAL ACADEMIES

Advising the nation/Improving health



Charge to the Interagency Pain Research Coordinating Committee

- *October of 2012, Assistant Secretary for Health, Dr. Howard Koh, charged IPROC*
 - *to create a National Pain Strategy (IOM Recommendation 2-2)*
 - *include chronic pain objectives in Healthy People 2020*

http://iprcc.nih.gov/National_Pain_Strategy/NPS_Main.htm

HP2020 Chronic Pain Workgroup

Linda Porter, DHHS/NIH/NINDS, co-workgroup coord.

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Mark Wallace, UC San Diego

Others...

Roger Chou, OHSU

Josie Briggs, NCCAM

Judith Paice, Northwestern U.

Steven Stanos, Northwestern

Dennis Turk, UWash

David Tauben, U. Washington

Robert Kerns, Yale U./VA



DHHS health objectives for the nation

- Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death
- Achieve health equity, eliminate disparities, and improve the health of all groups
- Create social and physical environments that promote good health for all
- Promote quality of life, healthy development, and healthy behaviors across all life stages.

Outline for update

- ❑ Activities since April 17, 2015 IPRCC meeting
- ❑ Survey questions for high impact chronic pain



Four Developmental objectives for pain

- Decrease the prevalence of adults having high impact chronic pain
- Increase public awareness/knowledge of high impact chronic pain
- Increase self-management of high impact chronic pain
- Reduce impact of high impact chronic pain on family/significant others



Activities since April 17, 2015

- Pilot test questions (Von Korff)
 - Feasible to assess low, moderate and high impact chronic pain in population surveys
- Discussion of questions (e.g., PROMIS, Profile of Chronic Pain, NHIS) with NCHS cognitive lab
- NCHS cognitive lab testing
- Funding questions for 2016 NHIS



Defining high-impact chronic pain

2016-2017 NHIS pain questions

1. In the past six months, how often did you have pain?
Never Some days Most days Every day
[concept: chronic vs non-chronic pain]
2. Over the past six months, how often did pain limit your life or work activities?
Never Some days Most days Every day
[concept: low and high impact pain]



Other pain questions

HP2020 pain questions (NOT on 2016-2017 NHIS)

3. Over the past six months, how often did YOUR pain affect your family or significant others?
Never Some days Most days Every day
[concept: burden on family/significant others]

4. To what extent are you able to manage your pain so that you can do the things you enjoy doing?
Not at all A little A lot
Somewhere in between a little and a lot
[concept: assessing self-management of pain]



Next Steps

1. Analyze 2016 and 2017 NHIS pain question data
2. Revise questions as needed
3. Funding for additional questions?
4. Begin planning Healthy People 2030

Questions or Comments?

For more information please contact Centers for Disease Control and Prevention

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The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

