

AGENCY PORTFOLIO OVERVIEW

Federal Agency: **Centers for Disease Control and Prevention**

Interagency Pain Research Coordinating Committee

March 27, 2012

Highlights of Pain Research Portfolio

- Arthritis and other rheumatic conditions
 - 25% report severe pain in the past month
 - Promoting physical activity to reduce joint pain
 - Embedding evidence-based interventions in systems
- Osteoarthritis
 - Lifetime risk estimates for symptomatic osteoarthritis
 - Knee: 47%
 - Hip: 25%
- Oral pain: disparities; access to services
- Opiates: 74% of prescription drug overdose deaths

Mechanisms Used to Support Pain Research

- Surveillance (Behavioral Risk Factor Surveillance System)
 - Pain in the past 30 days
 - Average joint pain in past 30 days (Healthy People 2020)
 - Cancer pain
- Interventions:
 - State health departments: embedding evidence-based interventions in sustainable systems
 - Pilot studies: encourage physician referrals to evidence-based interventions
 - Health communications. Focus groups on motivators, messaging

Partnerships Leveraged to Support Pain Research

- 12 State health departments (CDC funding for embedding arthritis interventions)
- American Cancer Society (CDC funding for palliative care/pain management among cancer survivors)
- LIVESTRONG (CDC funding for palliative care/pain management among cancer survivors in underserved populations)
- Pain Care Forum (injury; informal)